



Heart Initiative

FREE Personal
Risk-Profile Calculator

Your local heart checks in Sydney CBD

*The Heart Initiative helps you access
streamlined, thorough heart testing.*

Step 1.

Check your heart attack risk for FREE

Scan our QR code

Step 2.

You may qualify for our Comprehensive Heart Check
program with 15% off standard testing fees *

~ No referral needed from your GP ~

Call to book on (02) 9223 7911



Scan the QR code
to get started

Based on your needs, you may receive the following services:

- Blood test for cholesterol panel
- Initial consult and assessment with our Medical Advisor
- Blood pressure assessment
- Electrocardiogram (ECG)
- Echocardiogram (ultrasound)
- Coronary artery calcium scan
- Follow up consult and management plan with our Medical Advisor

Bligh Cardiology and the Heart Initiative

A: Suite 1203, Level 12, 50 Margaret St, Sydney, 2000

W: www.blighcardiology.com.au/heart-check

E: info@heartinitiative.com.au

P: (02) 9223 7911 F: (02) 9223 5911



What are the benefits of plaque testing?

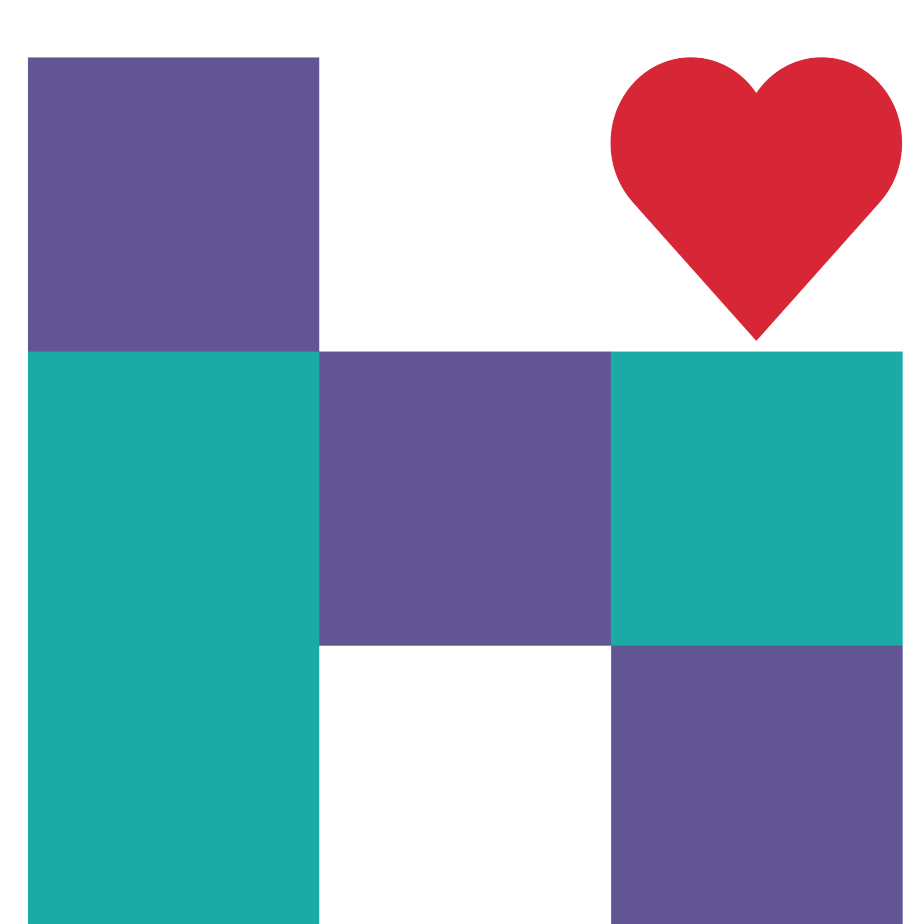
Plaque testing uses fast non-invasive imaging to visualise areas in blood vessel walls that might have abnormal changes, such as from 'atherosclerosis' where fatty deposits occur and may rupture in future, leading to heart attack or stroke. Plaque testing includes coronary artery calcium scanning, which enables abnormal changes to be detected at an earlier stage than other imaging tests can.

What are the benefits of echocardiography?



Echocardiography is another fast non-invasive imaging modality using ultrasound to visualise the heart anatomy, allowing assessment of heart pumping, valve function, and major blood vessel health. With the Heart Initiative, our expert sonographers will see you at our clinic in Sydney CBD to provide our echocardiogram testing.

* The Comprehensive Heart Check program is for eligible patients identified as being at potential risk by using the Personal Risk-Profile Calculator. Consult fees with our Medical Advisor are \$200 per consult and not covered by Medicare. Additional testing fees may apply where recommended by our Medical Advisor, with Medicare required for any available rebates. Patients will receive 15% off standard fees for on-site testing services. Individuals with a calculator score of 3 or more are likely to be recommended a Coronary Artery Calcium scan at the full cost charged by the X-ray provider (approx \$200, Medicare rebates not available). Future consultation with a cardiologist may also be recommended, incurring additional fees. This program is designed for individuals without current symptoms who are concerned about their heart health or may not have a regular GP. If you are experiencing symptoms such as chest pain, we recommend seeing a GP, who can also refer you to a cardiologist if recommended. For urgent or serious health concerns, we strongly advise to call an ambulance or attend the nearest hospital Emergency Department.



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